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**SIMPLE AND EASY WAYS TO SUPPORT PHIT AMERICA**

**INCLUDING “GIVING BACK”**

WHAT WE WOULD LIKE FROM YOU:

* Believe in the PHIT America mission and plans
* Believe physical activity must be given a much higher priority for our country
* Understand the [12 Life Long Benefits of Physical Activity](https://www.phitamerica.org/benefits), The Miracle Drug
* Understand America’s Pandemic, [physical inactivity](https://www.phitamerica.org/inactivity-pandemic)
* Understand our [key programs](https://www.phitamerica.org/programs) – AMPED, PLAY TENNIS, PLAY GOLF and PLAY PICKLEBALL

OTHER SIMPLE WAYS TO HELP:

* Follow us on your social media platforms: Facebook, LinkedIn, Twitter, etc.
* Get your local schools to apply for our grants, especially for our new AMPED program, Etc. at [Apply.PHITAmerica.org](https://www.phitamerica.org/application)
* Use the logos and any other tools – All on [Tools.PHITAmerica.org](https://www.phitamerica.org/logos-and-more)
* If you know of any people, foundations or corporations who would consider supporting our charity, please contact Jim Baugh at [Jim@PHITAmerica.org](mailto:Jim@PHITAmerica.org)

**MAKE PHIT AMERICA YOUR OFFICIAL CHARITY – WAYS TO DO THIS**

NOTE: this is for companies, etc. who will donate to PHIT America. Besides the list below, you should try to so some of the things above.

* Put PHIT America’s logo in a very visible place on your website.
* Create a “Giving Back” page on your website. Include information on PHIT America and the key PHIT Program(s) you especially like. See information on [Tools.PHITAmerica.org](https://www.phitamerica.org/logos-and-more)
* Send out a press release – see a sample release on [Tools.PHITAmerica.org](https://www.phitamerica.org/logos-and-more).
* Make sure you include PHIT’s URL, PHITAmerica.org and giving page: Donate.PHITAmerica.org.
* When possible, please donate to PHIT America. Our programs are very efficient. We get kids moving for less than $10 per child.
* Some companies, when there is a consumer direct purchase, asks the consumer if they would like to donate x% or ‘round up’ to support PHIT America to get kids healthier and playing xxx sport.

If you want to make PHIT America one of your official charities, contact Jim Baugh at [Jim@PHITAmerica.org](mailto:Jim@PHITAmerica.org)